

CHICAGO PARK DISTRICT



JESSE WHITE PARK

FITNESS PROGRAMS

REGISTER NOW!

Spring 2024 programs run
April 10-June 7

chicagoparkdistrict.com
or stop by the park.

Wednesday Programs.

Conditioning | # 488975
9:30- 10:30 AM | \$60 | 18 & up

Abs & Core | #488971
12:30 PM - 1:15 PM | \$30 | 18 & up

Tone Stretch Balance | #488974
1:15-2:15 PM | \$40 | 18 & up

Tone Stretch Balance | #492669
4:15 - 5:15 PM | \$40 | 18 & up

Friday Programs.

Abs & Core | #488972
1 - 1:45 PM | \$40 | 18 & up

Conditioning | #492672
3:15- 4PM | Free | 14-17 yrs.

Conditioning | #492676
5:15- 6PM | \$50 | 18 & up

JESSE WHITE PARK | 410 W CHICAGO AVE | 312.742.2410



City of Chicago, Brandon Johnson, Mayor
Chicago Park District Board of Commissioners
Rosa Escareño, General Superintendent & CEO

For more information about your Chicago Park District,
visit WWW.CHICAGOPARKDISTRICT.COM or call 312.742.7529

stay connected.

